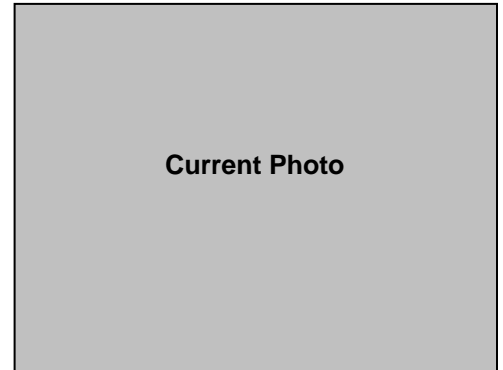


**PLEASE POST
DIABETES HYPOGLYCAEMIC (Low Blood Sugar)
EMERGENCY ACTION PLAN**

Name of Student :	
Grade:	Teacher:
School Year:	
Wears Medic Alert : YES <input type="checkbox"/> NO <input type="checkbox"/>	
Health Card Number :	



LOCATION OF FAST ACTING SUGAR

Classroom :
Office:
Gymnasium:

SYMPTOMS	MILD TO MODERATE	SEVERE
	<ul style="list-style-type: none"> cold, clammy or sweaty skin; paleness, quietness; shakiness or lack of coordination; fatigue, dizziness; and irritability, hostility and poor behaviour. <p>Other: _____</p>	<ul style="list-style-type: none"> confusion; slurred speech; staggered gait; eventual unresponsiveness. <p>Other: _____</p>



ACTIONS	<p>Instruct child (or appropriate support person) to test their blood sugar using glucometer.</p> <p>If the reading is BELOW 4 TREAT IMMEDIATELY Give student: 175ml juice OR sugar pop OR 3 glucose tabs OR 5 or 6 lifesavers</p> <p style="text-align: center;">Repeat blood sugar test in 15 minutes</p> <p>If reading is ABOVE 4 and next scheduled snack/meal is LESS than 1 hour – no further action is required</p>	<p>If the reading is ABOVE 4 and student feels unwell</p> <ol style="list-style-type: none"> 1) Stay with student 2) Notify parent for further instructions <p>If next snack/meal is MORE than 1 hour student needs a snack (provided by parents) If blood sugar is still BELOW 4 repeat intervention. If after 2 interventions blood sugar is still BELOW 4 Stay with student Notify parent/guardian/caregiver Repeat above actions</p>	<p>DO NOT GIVE FOOD OR DRINK</p> <ul style="list-style-type: none"> CALL 911 Inform EMS student has Diabetes (Specify Type) Call Parent/Guardian/Caregiver for direction If unconscious roll student on their side Ensure Glucagon needle is available for EMS Stay with student until EMS arrives Provide EMS student's pocket emergency card
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MERGENCY CON-
TACTS

Please Prioritize 1 - 2 - 3

1. (name /relationship) _____ (h) _____ (w) _____ (c) _____
2. (name /relationship) _____ (h) _____ (w) _____ (c) _____
3. (name /relationship) _____ (h) _____ (w) _____ (c) _____

Student Independence is the Primary Goal Where Possible